

Person Centered *focus*

IMPLEMENTING PERSON CENTERED PLANNING WITH
CHILDREN AND YOUTH IN MUSKOKA, PARRY SOUND,
ALMAGUIN AND NIPISSING

Project Update

The month of October has been filled with family fun. We held our first Celebrating Families Event in Parry Sound and it was a great success. Three families attended and had the opportunity to create various crafts that celebrate their strengths as a family unit and of each person individually. Fun was had by all.

A number of person centered plans are underway in each of the regions we serve. Some great results are coming from the planning process for families. Our first plan focusing on a family unit vs. supporting one person in the family is upcoming in November. We are finding that most planning is around education and transition planning. We have also encountered a request to plan around funding and how to maintain a current out of home placement that **WORKS** and is dependent on secured future funding. This has been an interesting yet complicated process, not to mention challenging in trying to keep the person at the front of planning vs. what's best for the agencies involved.

One page profiles are a hit in the Parry Sound area. Parry Sound High School has done a couple of workshops with Learning Strategies classes. These profiles have been developed by high school students and shared with their teachers. Teachers and the principal have found them very useful and informative. We are hoping that this leads to further interest for training school professionals in development of One Page Profiles. We are working on scheduling further classes in November. South River Public School has also participated in workshops this month. We have also run into some challenges with the profile workshops that we are working on ironing out in terms of providing clearer descriptions of what they are and how they benefit children and youth in school and other areas of life.

Looking forward to another month filled with creativity and positive planning.



Upcoming Training Offered

Community Connecting—October 26th and 27th in Sundridge—SOLD OUT!

Contact Alyssa @ 705-746-9330 ext. 243 or akoenderink@clps.ca for further information or to register for an upcoming workshop.

Celebrating Families

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Your Rights as the PERSON in Person Centered Planning: You have the right to -

- Choose who comes to your meeting.
- Help invite the people you want to attend your meeting.
- Pick where and when your meeting will be held.
- Decide what things you would like to talk about. You can meet with someone you are comfortable with prior to the meeting to prepare.
- Decide what things you don't want to talk about. Those things will not be talked about at your meeting. If these things are important for your health and safety, though, they may be talked about at a later time or date.
- Choose the way the meeting is run (meaning you may choose a planning tool). Ask for someone other than your case manager, therapist, or supports coordinator to run your meeting for you. That may be a friend, a relative or someone trained in Person Centered Planning who does not work for mental health.
- Run the meeting yourself if you want to.
- Have a copy of your Person Centered Plan
- Ask for another meeting anytime you would like.



Almaguin Highlands Community Living

