



Happy Pride!

The following is a quick overview of resources for celebrating Pride inclusively.

Looking for ways to celebrate in the Parry Sound/Muskoka Region?

Pride Muskoka: <http://www.muskokapride.com/>

Pride Parry Sound: TBA— P.S. Pride on July 25-26th weekend. Flag raising on July 21st.

Disability and LGB2TQIA+ People

The following videos are from people who are members of the LGB2TQIA+ community who also identify as having a disability. They are self-advocates and offer their perspective on the intersectionality of disability and sexual/ gender expression. By no means is this list exhaustive but stands as a starting point to engage and start conversation, as well as shed light on individual experiences. For more information offered in a variety of formats, click [here](#) to be re-directed to a resource guide developed by Respectability.

- [Does Pride Exclude Disabled People? \[CC\]](#)
- [Queer and Disabled Pt. 1 | Misconceptions \[CC\]](#)
- [Disability, Sex, Relationships and Dating Roundtable](#)
- [Diversity in Fashion \(warning: contains explicit language\)](#)
- [The Overlap between Autism, Transness and EDS](#)

There is so much more to learn about sexuality and gender express and how it relates to disability. It is difficult to find information, but there are people with disabilities advocating to change access to information and visibility. This is why it is important as people who provide support that we educate ourselves and advocate for better resources and tools for all the people we support in all aspects of their lives. Thank you for joining us in taking the necessary steps forward in the journey to a better tomorrow.





Educate Yourself!

You may not feel comfortable talking about sex and gender as they are deeply-personal topics. That being said, it is important to talk about things that make us uncomfortable because we are able to learn and grow from the experience. Having difficult conversations, like ones about sex and gender, breaks down stigma, challenges our beliefs as well as our sense of self and opens our eyes to a variety of life experiences. Below is a starting point of information about LGB2TQIA+ (Lesbian, Gay, Bisexual, Transgender, Two Spirited, Queer, Questioning, Intersex, and Asexual, and other identities) people. Educating yourself is a great way to be an ally and raise the visibility of any minority group.

- [List of terms from the Human Rights Campaign \(HRC\)](#)
- [Ontario Public Health Association \(OPHA\) Manual on creating a Positive Space](#)
- [Positive Spaces Initiative \(PSI\)](#)
- [LGBT Health Education: Providing Inclusion and care for LGBT People](#)
- [Canadian Association for Mental Health \(CAMH\) Gender Clinic Adult](#)
- [Mental Health Services for Gender-Diverse and Sexual-Minority Youth \(CAMH\)](#)
- [Sick Kids Transgender Youth Clinic](#)
- [Ontario Human Right Commission Fact Sheet](#)
- [Consent and Developmental Disabilities \(College of Family Physicians of Canada\)](#)
- [Child and Parent Resource Institute](#)
- [Disability Sexuality Consent \(Community Living Toronto\)](#)

“Where there is love, there is life.”

-Mahatma Gandhi

Stay Fabulous, Friends!

